

PATIENT INFORMATION LEAFLET

MEDICINE TO TREAT MENTAL DISORDERS

Chlorpromazine
Thioridazine
Flupenthixol
Pimozide
Sulpiride
Haloperidol
Trifluoperazine

ABOUT your medicine

Your doctor has prescribed for you a medicine that treats the symptoms of mental disorders e.g. Chlorpromazine, Thioridazine, Flupenthixol, Pimozide, Sulpiride, Haloperidol or Trifluoperazine.

Other than mental illnesses, some medicines listed may be used for other purposes, e.g. Chlorpromazine for severe nausea & vomiting; Haloperidol for hiccups.

HOW does my medicine work?

The medicine works by reducing the transmission of certain neurotransmitters in the brain. By doing so, it helps to calm down, to quieten and to control symptoms of mental illnesses such as thought disorder, hallucinations, delusions, reduced ability to express emotion, lack of energy, etc.

HOW should I take the medicine?

Your doctor will tell you how much and how often you should take the medicine. Your dose may have to be changed several times initially in order to find out the dose that works best for you. Do not take more medicine or take it more often than your doctor tells you to.

Take your medicine at the same time each day. You may take the medicine with food to avoid stomach upset. Do not stop taking the medicine suddenly without checking with your doctor.

What should I do if **I FORGET** a dose?

If you miss a dose or forget to take your medicine, take it as soon as you can. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not double the dose.

What are the possible **SIDE-EFFECTS** of the medicine?

1. Uncontrolled muscle movements

The medicines may cause side effects that include muscle spasms, tremor, twitching in the face and body and uncontrolled movement of the tongue, face and jaw. Your doctor may prescribe a medicine called benzhexol to help control these side effects. Talk to your doctor if you experience any of the uncontrolled movements.

2. Drowsiness & dizziness

The medicines can make you feel sleepy and giddy. Be careful if you are driving a car or using machinery. Avoid drinking alcohol.

3. Other side effects

The medicines may cause other side effects such as blurred vision, constipation, dry mouth and pain or swelling in the breasts. Tell your doctor if you have problems with these side effects.

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Information is correct at time of printing and subject to revision without prior notice.

Keep all medication out of reach of children

Discard all medication that has expired or is no longer required