

Foot and Ankle Conditions

There are many foot and ankle conditions that affect us. They include:

- 1) Skin and nail conditions
- 2) Flat feet
- 3) Heel pain
- 4) Paediatric foot conditions
- 5) Diabetic Foot
- 6) Foot wounds

How is it treated?

Podiatrists work with multiple medical and allied health disciplines including medicine, orthopaedic, vascular and physiotherapy to help individuals with foot and ankle conditions.

What does rehabilitation involve?

We will assess and treat your current foot and ankle condition, helping to relieve some of the symptoms and to allow you to continue with as much of your daily activities if possible.

For biomechanical cases, rehabilitation with special focus on footwear and insoles will be given to patients. For wound cases, we aim to encourage healing and prevention of further recurrence of wounds.

In the first visit, we will assess and identify the problem affecting the patient. This will help guide our treatment plan. Patient circumstances and preferences will also be taken into consideration, along with input and investigations done by the primary physician.