

NGOOI Bi Xia, MSc

Senior Occupational Therapist

Qualification(s)

Master of Science (Occupational Therapy), Dalhousie University, Canada

Bachelor of Applied Science (Occupational Therapy), University of Sydney, Australia

Diploma in Occupational Therapy, Nanyang Polytechnic, Singapore



Special Certifications

Graduate Certificate in Chronic Conditions Management

Workgroups/Work Areas

Mental Health

Lifestyle Management

Specialty and Interest Areas

Mental Health

Chronic Diseases Self-Management

Professional Activities

2018 – Present: President, Singapore Association of Occupational Therapists (SAOT)

2016 – 2018: Vice-President, Singapore Association of Occupational Therapists (SAOT)

2010 – 2014: Council Member, Singapore Association of Occupational Therapists (SAOT)

2016 – Present: National Occupational Therapy Conference (NOTC) Organizing Committee

2019 – Present: NUH HSEU Branch Committee

Awards

2019 Model Allied Health Professional Awards – Excellence (NUHS)

2015 Dr. Gustave Gingras Award (Dalhousie University, Canada)

2015 Singapore Association of Occupational Therapists (SAOT) Research Grant

2014 Academic Medicine Development Award (AMDA) MSc (OT)

2014 Faculty of Graduate Studies Scholarship (Dalhousie University, Canada)

Selected Publications and Presentations

Publications

Ow, S.Y & Ngooi, B.X. (2017). *Chronic Conditions Self-Management: A Pocket Guide for Occupational Therapists in Singapore*.

Ngooi, B.X. & Packer, T. (2017). What are the crucial components of patient activation interventions? *Biomed J Sci & Tech Res*, 1(2). BJSTR.MS.ID.000215.

Ngooi, B.X., Packer, T., Warner, G. et al. (2016). How adults with cardiac conditions in Singapore understand the Patient Activation Measure (PAM-13) items: A cognitive interviewing study. *Disability and Rehabilitation*. doi: 10.1080/09638288.2016.1261413

Ngooi, B.X., Packer, T.L., Kephart, G. et al. (2016). Validation of the Patient Activation Measure (PAM-13) among adults with cardiac conditions in Singapore. *Quality of Life Research*. doi:10.1007/s11136-016-1412-5

Klainin-Yobas, P., Ignacio, J., He, H.G., Lau, Y., Ngooi, B.X. & Koh, S.Q. (2016). Effects of a stress-management program for inpatients with mental disorders: A feasibility study. *Biological Research for Nursing*, 18(2), 213-220.

Presentations

Ngooi, B.X. (March, 2018). *Return to Meaningful Living: An Occupational Therapist's lens*. Invited speaker at the Pain Association of Singapore Annual Scientific Meeting (PAS ASM 2018), Singapore.

Ngooi, B.X., Packer, T., Kephart, G., Warner, G., Koh, K., Wong, R. & Lim, S. (September, 2017). *Validation of the Patient Activation Measure (PAM-13) among adults with cardiac conditions in Singapore*. Oral presentation at 13th Annual ADMA Conference and 21st Chronic Diseases Network NT Conference, Darwin, Australia.

Ngooi, B.X., Packer, T., Warner, G., Kephart, G., Koh, K., Wong, R. & Lim, S. (October, 2016). *How adults with cardiac conditions in Singapore understand the Patient Activation Measure (PAM-13) items: A cognitive interviewing study*. Oral presentation at National Occupational Therapy Conference, Singapore.

Ngooi, B.X., Chan, V.Y., Eng, J.Y. (June, 2014). *The impact of pain on occupational performance and quality of life among chronic pain patients*. Oral presentation at World Federation of Occupational Therapists Conference, Yokohama, Japan.

Ngooi, B.X., Lai, S.M., Jeyaveeran, A., Koh, K. & Wong, R. (August, 2013). *Facilitating lifestyle modification via telephone follow-up for post percutaneous coronary intervention (PCI) patients*. Oral presentation at Australian Cardiovascular Health and Rehabilitation Association (ARCA) Conference, Melbourne, Australia.

Ngooi, B.X. (2013). *Facilitating engagement in daily activities: Return to work*. Invited speaker at the 5th Association of South-East Asian Pain Societies Conference 2013, Singapore.

Ngooi, B.X., Ann, M.Y.E., Koh, E., Chan, V.Y., Tan, J.X., Lee, S.H. & Koh, R.P.V. (October, 2012). *Participation in Occupational Therapy: Perspectives from Inpatients with Depression*. Oral Presentation at 3rd National Occupational Therapy Conference in conjunction with 10th Singapore-Malaysia Symposium, Singapore.

Ngooi, B.X. & Wong, S.R. (November, 2011). *Program Redesign in Acute Inpatient Ward: Collaboration between Mental Health Consumers and Occupational Therapists*. Poster session at 5th Asia Pacific Occupational Therapy Conference, Changmai, Thailand.