

LOY Yijun, BPhysio

Senior Physiotherapist

Qualification(s)

Bachelor of Physiotherapy (Honours), La Trobe University, Australia



Special Certifications

Certification for Exercise for the Management of Cancer (LIFE NOW exercise instructor Course)

American College of Sports Medicine (clinical exercise specialist)

Workgroups/Work Areas

Oncology

Outpatient Exercise Class

Specialty and Interest Areas

Clinical Areas

Involvement in MILES (Management and Innovation In Longevity in Elderly Surgical Patients)

- Tele-rehabilitation for elderly
- Pre-habilitation for elderly implementation of pre-habilitation and rehabilitation services for elderly to optimise outcome

Organisation of preceptorship programme for Physiotherapy department for junior physiotherapists

Organisation and managing private ward workgroup manpower and training, including geriatrics, general surgical, medical, cardiothoracic and oncology services

Research Areas

Clinical interventions and telemedicine for the frail and elderly for pre-operative and post-operative health optimisation

Clinical preceptorship for physiotherapists based in acute care hospitals

Professional Activities

2017 2nd Singapore Prevention and Cardiac Rehabilitation Chairperson

2012 Australian Cardio-vascular Health and Rehabilitation Association abstract oral and poster presentation (Queensland, Australia)

2012 Speaker at 10th International Barietric and Metabolic Conference: Role of physiotherapy and exercise in the barietric population

2010 Australian Cardio-vascular Health and Rehabilitation Association and poster presentation (Canberra, Australia)

Awards

2012 Best moderated poster award (Australian Cardio-Vascular Health and Rehabilitation Association Conference) 2012. Does improvement in 6 minute walk test (6mwt) improve quality of life (QOL) in patients who underwent cardiac rehabilitation (CR)

2012 National University Hospital Model Allied Health Award (Clinical Effectiveness)

2009 HMDP award for overseas training (team-based): Cardiac Rehabilitation, Melbourne

2008 EXSA (service) award (silver) from National University Hospital.

Media Coverage

2012 Interviewed for "Mind Your Body" Straits Times Newspaper: "Can You Lose Weight With Vibrations?"

Selected Publications and Presentations

Publications

Maheshwari V, Samavedham L, Rangaiah GP, Loy Y, Ling LH, Sethi S, Leong TL (2012) Comparison of toxin removal outcomes in online hemodiafiltration and intra-dialytic exercise in high-flux hemodialysis: A prospective randomized open-label clinical study protocol. *BMC Nephrology*, 13:156.

Shields N, Loy Y, Murdoch A, Taylor NF, Dodd KJ (2007) Publication of thesis: The Self-concept of children with cerebral palsy compared with that of children without impairment. *Developmental Medicine and Child Neurology*, Volume: 49, Issue: 5, Pages: 350-354.

Shields N, Murdoch A, Loy Y, Dodd KJ, Taylor NF (2006) A systematic review of the self-concept of children with cerebral palsy compared with children without disability. *Developmental Medicine and Child Neurology*, Volume: 48, Issue: 2, Pages: 151-157.

Presentations

Wong, S.R., Loy, Y., Lai S.M, Wong, R. (2012, August 13-15). Effects of cardiac rehabilitation (CR) on quality of life (QOL) in patients who underwent percutaneous coronary intervention (PCI). Paper presented at the Australian Cardiovascular Health and Rehabilitation Association Conference, Brisbane, Australia.

Abstract acceptance to Australian Cardio-Vascular Health and Rehabilitation Association (ACRA) (2012)